

Junior Itosu-kai Tournament

Tuesday, August 16

5-6pm



DIVISIONS

Beginner, Intermediate, Advanced

Kihon, Kata, Kumite

Medals for 1st, 2nd and 3rd Place

\$35 all divisions

Deadline for Registration: August 11

Nihon Karatedo Itosu-kai Fall Gasshiku

September 22, 2022

5pm-7pm

\$45 Per Person

Shihan will be teaching a special training session at the Newport Coast Dojo.

This 2-hour session will be a great addition to your regular training.

It will consist of: Kihon, Kata and Kumite

Karate-ka must be at least purple belt to participate

Deadline for registration: Tuesday, September 20

Check payable to: Nihon Karatedo Itosu-kai

**All proceeds go to the maintenance of Nihon Karatedo Itosu-kai, USA
Please contact Katie with any questions- Cell: 949.292.6248**

Nihon Karatedo Itosu-kai Fall Gasshiku

September 22, 2022

5pm-7pm

\$45 Per Person

**Shihan will be teaching a special training session at the Newport Coast Dojo.
This 2-hour session will be a great addition to your regular training.
It will consist of: Kihon, Kata and Kumite**

Karate-ka must be at least purple belt to participate

Deadline for registration: Tuesday, September 20

Check payable to: Nihon Karatedo Itosu-kai

**All proceeds go to the maintenance of Nihon Karatedo Itosu-kai, USA
Please contact Katie with any questions- Cell: 949.292.6248**